



Knights of Columbus

Fair Oaks Council #6066

A Division 5/District 7 Council



APRIL

"Jesus, I Trust in You!" — Always Forward, Never Back

2026

**N
A
V
I
G
A
T
O
R**

GRAND KNIGHT'S MESSAGE

By GK Tremain Hayhoe



Brothers,

March was a very eventful month, with the St. Patrick's Day celebration and the Fourth Degree Exemplification ceremony happening on the same day, the March for Life on the 16th, and the Baby Supply Drive.

The St. Patrick's Day event was a big success. Thank you, brothers, for helping make it happen. Some of you even went back and forth between the St. Patrick's Day event and the Fourth Degree Exemplification ceremony! You guys are rockstars.

Please join me in congratulating Brother Alan Absalon on becoming a Fourth Degree Knight, officially making him a Sir Knight. Well done, Alan! The Fourth Degree is centered on patriotism and also allows you to serve in the honor guard, which is a great honor. If you have any questions about the Fourth Degree or would simply like to learn more, please reach out to Brother Sir Knight and Faithful Navigator John Brennan.

We made it through Lent and on to Easter, and I apologize for the delay in this March Navigator. This whole experience of being new to the Grand Knight role has felt like juggling bowling pins, and I will admit I have already dropped a few. Thank you all for helping pick them up for me, and for your understanding and support. I will do my best to stay on top of everything going forward.

Fraternally,
GK Tremain Hayhoe

ADORATION CHAPEL SCHEDULE			
Friday Morning 6:00 AM to 7:00 AM			
NAME	PHONE	November	December
John Brennan	916-548-4962	All Fridays	All Fridays
Andy Anderson	916-826-5617	3rd Friday	3rd Friday

Adoration Chapel



NOMINATIONS FOR OFFICERS FOR COLUMBIAN YEAR 7/1/26-6/30/27

Grand Knight- Tremain Hayhoe
Deputy Grand Knight- David Vincent
Chancellor- Tyson Villa
Warden- Trevor Harris
Treasurer- Pat Miles
Trustee 1 Year- Chris Ward
Trustee 2 Year- George Perkins
Trustee 3 Year- Mike McLeod
Recorder- Alan Absolan
Advocate- John Brennan
Inside Guard- ?
Outside Guard- ?

These are the current nominations. The election of next Columbian Year's officers will take place at the Thursday, May 7 business meeting. If you are interested in being considered for any of the above positions, or if you wish to nominate someone else (please clear it with them first), contact GK Tremain at 310-621-7650 or hayhoestudios.com, or Trustee Chris Ward at 916-834-1772 or wardchrisj@hotmail.com. We would love to have more than one candidate running for each position. Please note that if you do not see an officer position listed (for example, Financial Secretary or Lector), it is not an elected position and is filled by GK or council appointment. The Program Director and program chairs are selected and filled by the GK and DGK in consultation with each other. If you have any questions, contact either officer listed above. Thank you for your consideration. **PLEASE ATTEND AND VOTE FOR OUR COUNCIL OFFICERS ON THURSDAY, MAY 7.**

Editor's Note: The Navigator provides us with a way of keeping in touch with one another. We provide articles of the past month's activities, as well as upcoming events. Although many of the articles are written by the Grand Knight, anyone can provide input. Anyone chairing an event or fundraiser should write a brief article and add a photo or two.

All that's necessary is the article(s) and photo(s) in email form, sent to Dominique Hipolito at navigator6066@googlegroups.com or dhipolito2025@gmail.com. It doesn't need to be any special font or text size. Send your article as soon as possible, **but no later than 10 days before the next business meeting.**

George Perkins, Editor

Saving Babies! Part Two

By Alan Absalon

When I wrote my first-ever article for the Navigator, it was about my experiences as a participant in the San Francisco Walk for Life in January of this year. It was an amazing experience to meet other baby savers, community leaders, and fellow Knights from across Northern California who uphold the importance of establishing a life-affirming society. Fast forward to March of this year, and I had another opportunity to march to save babies, this time in Sacramento.

The California March for Life takes place every March in the footsteps of the State Capitol. Although it is smaller than the Walk for Life in San Francisco in terms of participation and overall size, the message is still the same: to save babies from abortion and to uphold the importance of human life from fertilization to natural death. I had the opportunity to speak with several pro-life leaders in the Sacramento area and throughout Northern California, where I heard some of their testimonies about being part of the pro-life movement. Some of their stories moved me deeply and reaffirmed my duty not only as a baby saver, but also as an advocate for the unborn. While at the event, I listened to the testimony of a young woman who had just turned 18 years old. She told the crowd that her parents had considered aborting her while she was in her mother's womb. However, she shared that her parents decided to go to a pregnancy center and ultimately chose life, thereby saving her life. Stories like these are among the important reasons why it is vital to support pregnancy centers throughout the United States and to continue building a culture of life that respects every human being.

Besides hearing testimonies from individuals, it was also a great opportunity to learn from other Knights councils in Northern California about what they are doing to support the cause of life. I had the opportunity to speak with a Knights Life Director from a council in the Central Valley, and he told me that some of the things they do include holding fundraising events to support their local pregnancy centers. Learning what other councils are doing to support babies and their families gives me the opportunity to improve myself as the current Life Director and reminds me that I am not alone in this important cause, which is a fundamental aspect of being Catholic.



The Power of Community

By Alan Absalon

The Sacramento Life Center is an important community resource in our area that supports the holistic care of women's health. One of the Life Center's crucial missions is to support and assist women and their families who are facing unexpected pregnancies, and to encourage them to choose life in support of their unborn child throughout the pregnancy and beyond. The work of this organization is indispensable because it provides financial and emotional support to many people in the community, helping them not only keep their baby but also navigate the many aspects of raising a child. The Life Center does not receive any funding from local, state, or federal government sources. This organization relies entirely on private donations from churches, community leaders, and individuals who understand the importance of saving babies.

The Knights of Columbus at St. Mel organizes Baby Supply Drives several times a year to help the Life Center obtain various items needed to raise a baby. These include diapers, baby formula, clothing, baby food, and gift cards to stores where these items are sold. As the current Life Director, it is my duty and responsibility to facilitate these events and make sure that the Life Center is stocked with supplies to help mothers and families in the community who need extra support in raising their babies and toddlers. So far, we have held two Baby Supply Drives this year, and even though the first drive did not garner as many supplies as the one that took place last month, it served as a lesson for me in understanding the power of the St. Mel community coming together for a cause that is important to many Catholics. This cause is the upholding of life and the support of babies in our community.

Through my communication and rapport-building with the Life Center staff, I have learned that they do heartfelt work that touches the lives of both the people they serve and the individuals who donate their time to volunteer for this amazing organization. By supporting this organization through baby supply drives and monetary donations from St. Mel parishioners, we show that when we are successful in bringing people together, we have the ability not only to save babies but also to support families going through difficult and complicated moments in their lives. Saving babies is not an easy task. However, it is important to understand that it is a worthwhile cause to uphold, as it helps ensure that women, babies, and their families receive dignified and empathetic care throughout their journey of supporting one another.

Volunteers for the Business Meeting Meal at 6pm

Thursday, April 9th **GK Tremain Hayhoe** (Parish Center kitchen unavailable)

Thursday, May 7th **John Brennan**

Thursday, June 4th **Tyson Villa**

BABY BOTTLE DUE DATE REMINDER

Hello Brothers,

This is a reminder that the baby bottles distributed during the February 2026 General Meeting for the Sacramento Life Center's Baby Bottle Drive are due on Thursday, April 9, at the April General Meeting. You may return the baby bottles to Alan Absalon on that day. If you are unable to turn yours in then, please feel free to contact him at (916) 934-9082. Thank you.

Best,

SK Alan Ivan Absalon

KNIGHT OF THE MONTH

by GK Tremain Hayhoe



SK ALAN ABSALON

Please join me in congratulating Brother Alan Absalon on becoming a Fourth Degree Knight, officially making him a Sir Knight. Well done, Alan! Not only did Alan attend the Fourth Degree Exemplification, but that same night he returned to the parish center for the St. Patrick's Day Dinner and enjoyed some corned beef and cabbage!

In addition, Alan organized the March for Life, where Dustin Stroud, Lisa, Alan, and I took the trolley to the Capitol, and a handful of fellow parishioners from St. Mel met us there. It was a wonderful and beautiful walk. But wait—there's more!!

He also—yes, still in the same month!—organized a baby supply drive, collected baby supplies for two straight weekends, and delivered them to the Sacramento Life Center.

Alan, I am so proud of you, and we are so blessed to have you as a Knight. We truly appreciate your hard work. Your beaming smile lights up my day, and I am sure it brightens everyone else's as well!

Brothers, if you have not yet had the chance to get to know Life Director Alan, do yourselves a favor and speak with him at our next business meeting.

Way to go, Alan "Babysaver" Absalon! Keep up the great work.

Fraternally,
GK Tremain Hayhoe

My Journey Through Lent: A Reflection

By Dustin Stroud



The end of Lent is fast approaching. Soon we will enter Holy Week, followed by the Easter season. Beginning two years ago, I started a personal Lenten tradition of using a devotional—a book containing Scripture readings, reflections, and a prayer for each day. The first year, I used *Lenten Gospel Reflections* by Bishop Robert Barron. Last year, sad to say, I did not follow a devotional, although I still did everything else that we are obliged to do during Lent. This year, I resumed my personal tradition of using a written devotional. The difference between this year and that first year with a devotional, compared with last year without one, is that last year I felt as though something was missing. This year, I do not feel that way; instead, I feel that nothing is missing at all.

For this year's devotional, I am not making the journey alone. In my company I have our Lord and Savior, as well as one of my favorite saints by my side—or rather, in my reading. The saint who is helping me is St. Thérèse of Lisieux, the Little Flower. She is helping me through her writings, which were selected for the book entitled *A Lenten Journey with Jesus Christ and St. Thérèse of Lisieux* by Father John F. Russell. It contains the Gospel readings for each day of Lent, beginning on Ash Wednesday and ending with Easter Sunday of the Lord's Resurrection, for all three liturgical years. For each day, there is an excerpt from one of St. Thérèse's letters or from her book *Story of a Soul*, followed by a meditative reflection and a prayer.

In following this devotional, I am trying my best to be more like St. Thérèse in her little way. I am trying to do everything I can to help in any small way with Christ-like love, even in my daily work. Of course, as is normal in human nature, there are times when I feel frustrated because of others, but I have been trying to respond with positivity and Christ's love. I have even created a little chant that I quietly repeat to myself whenever I begin to feel these frustrations: "Christ-like love, Christ-like love, Christ-like love." I believe that if everyone in the world were to do the same thing—repeating to themselves, "Christ-like love, Christ-like love, Christ-like love"—the world might change for the better. But first, I am trying to change myself for the better, for Jesus Christ, whose death and resurrection brought us salvation. After all, our Lord said it best in Matthew 7:5: "...remove the wooden beam from your own eye first; then you will see clearly to remove the splinter from your brother's eye." I hope that all of you have had as great and insightful a Lent as I have had. God bless you all.

ST. PATRICK'S DINNER REFLECTION

by GK Tremain Hayhoe

Thank you to God, St. Patrick, and of course his nephew, St. Mel, for giving us the strength to pull it all off!

As for the team, special thanks go to Pat Wagner for co-chairing the event with me and helping plan for months; Chris Ward, for being Chris Ward; and Vanessa Elmas for providing the catering, which was a huge hit, by the way. She worked her tail off for weeks making sure the food was prepped and ready to go.

Thank you as well to Trevor Harris for his help; Alan Absalon for attending after becoming a Sir Knight at the Fourth Degree Exemplification; Mario for peeling the carrots; George Perkins for his help in the kitchen; Worthy Pat Miles for doing the beverage shopping and attending the dinner with his family; Dominique Hipolito for securing the gift cards; David Vincent for being Vanessa's rockstar helper during the dinner; Andy Anderson for helping in the kitchen; Mike Allison (also known as Paddy O'Furniture) and Tyson for tending the bar; Liam and Karen Irish and Sarah Ireland for providing the music; Father Des and Deacon Dave for bringing their spiritual leadership and presence; Susan Watson for conducting the dessert auction; the Irish Heritage Foundation for lending their Emerald Isle organizational charm; Don Jones for bringing most of his family; Worthy Steven Fitzgerald for taking the photos; Roy for helping out and then going to assist with the Fourth Degree ceremony; and last but certainly not least, every family who attended. If I forgot anyone, I am truly sorry!

This event was the result of months of preparation and planning, along with a tremendous amount of heavy lifting over the past two days, and I must say: we did it! The reviews are in... and they are glowing! We sold 168 tickets, and since we offered a family maximum price, that likely means we had closer to 200 people in attendance. Our Worthy Financial Secretary, Pat Wagner, has reported the numbers... and we grossed a record \$7,574! To put that into perspective, last year we grossed somewhere in the \$3,000 range. So it is safe to say we were truly Irish, because our profits were Dublin! Tee hee hee, tarty tar, as Lucky the Leprechaun would say!

Congratulations, team!

The luck of the Irish was on our side. Thank you again to everyone who helped make this such a wonderful experience. Until next year!

Fraternally,
Lucky the Leprechaun, A.K.A.
Tremain Hayhoe
Grand Knight



Knights of Columbus Fourth Degree

Northern California St. Junipero Serra Province

By SK John Brennan

160th 4th Degree Exemplification: HONOREE: Pope Leo XIV

Exemplification of Patriotism sponsored by SK Noel Panlilio, District Master, along with the Exemplification Staff, and in attendance, SK Tim Fukuda, Vice Supreme Master.

Special thanks and much gratitude to the Brothers who set up the rooms and main hall the day before, prepared the luncheon and cleaned up at the end of the Exemplification!

Welcome and Congratulations to members Fair Oaks Council # 6066 who have advanced to the 4th Degree, also known as the Patriotic Degree. They attended and completed the 160th 4th Degree Exemplification ceremony at St. John the Baptist Parish Gallagher Hall on Saturday, March 14, 2026!

Key Aspects of the 4th Degree Exemplification

- **Purpose:** The 4th Degree, often called the “Patriotic Degree” emphasizes patriotism, love of country, and the intersection of faith and citizenship.
- **Requirements:** Candidates must be Third Degree members in good standing and be an exemplary Catholic.
- **Ceremony:** The exemplification involves a ceremony where candidates are formally welcomed and, traditionally, “dubbed” as Sir Knights, often using a sword. The ceremony includes education on the Catholic history of the United States.
- **Post-Exemplification:** The following members have joined Centennial Assembly # 1903 and are now eligible to participate in our Honor Guard.

Sir Knight Andrew Miller (6066)

Sir Knight Alan Absalon (6066)

Please be sure to congratulate and welcome these Sir Knights when you see them. The photo below includes all of the 160th 2026 new 4th Degree members, along with the Exemplification Degree Team, Vice Supreme, State and Northern California Province dignitaries and District Marshals. There were also some 4th Degree Knights from other Northern California Assemblies in support of their candidates. JOB WELL DONE SIR KNIGHTS, GOD BLESS, STAY SAFE AND TAKE CARE. VIVAT JESUS!

(continues next page)



COLOR CORPS

“When Knighthood Was in Flower,” knights carried the sword to defend their God, their Church, their country, and their fellow man according to the code of chivalry. Today, Sir Knights wear regalia and carry the sword to honor Christ and His Apostles, especially on religious and civic occasions specified in this manual. Hence, the primary purpose of the Fourth Degree is to encourage active Catholic citizenship and foster the spirit of patriotism among its members and the community at large.

The Color Corps members exemplify all the principles of our Order:

- **Charity** – by the gift of their time and energies necessary to practice, perfect and perform the ceremonials and sword drill;
- **Unity** – by the united efforts of Sir Knights to practice & perfect a coordinated drill for the good of the Church and the Order;
- **Fraternity** – by expressing an “Esprit de Corps,” sharing a common desire for drill excellence and camaraderie; and
- **Patriotism** – by performing precision drill as a salute to God and country and visually exhibiting a love for both.

The public appearance of the Patriotic Degree Knights as a Color Corps at religious and civic functions is an important activity of each assembly and demonstrates their loyalty, bringing credit to themselves and to the Knights of Columbus.

In Service to One, In Service to All.

Become a Fourth Degree Knight

There will be a Fourth Degree Exemplification on March 14, 2026, at St. John the Baptist Catholic Church in Folsom. The event will run approximately from 10 am to 3 pm. Family and friends are invited to the ceremony. Please contact SK John Brennan at 916-548-4962 or JPBrennan7262@gmail.com for more information.

Benefits of Joining the 4th Degree of the Knights of Columbus

When Blessed Michael McGivney founded the Knights of Columbus in 1882, there were only three degrees in our Order, Charity (1st Degree), Unity (2nd Degree), and Fraternity (3rd Degree). In the late 19th century, there was some discrimination against Catholics. One reason for this discrimination was that people thought that Catholics were more loyal to the Pope than they were to the United States of America. The Knights of Columbus wanted to show that Catholics could be loyal to, and love both our faith and our country, so they created the Patriotic Degree, the 4th Degree of our Order. The first exemplification of the 4th Degree occurred on February 22nd, 1900, in New York City. In February 2025, the Knights of Columbus celebrated the 125th Anniversary of the 4th Degree of our Order.

The Mission of the 4th Degree is to honor our Veterans, support Sir Knights and their families at a time of loss, and conduct Patriotic educational programs.

Reasons to become a 4th Degree member of the Knights of Columbus:

- The 4th Degree is the highest degree of our Order.
- 4th Degree members earn the title of Sir Knight (SK).
- Because you love our country, and you love our faith.
- When the time comes that God calls you home, you are eligible for the 4th Degree Honor Guard to be present at your Memorial Service. This benefit is also extended to your Spouse, your Parents, and your Children. This honor is not available to 3rd Degree members.
- Chalice Program – In your memory upon passing, your name is engraved on a Chalice with the names of 3 other Sir Knights from our Assembly. These Chalices are donated to priests around the world, and you are remembered every time the Chalice is used in Mass.
- You are eligible to participate as a member of the Knights of Columbus Honor Guard.
- We typically do no fundraisers. Our annual dues of only \$30 allow us to support Seminarians and purchase Chalices for the Chalice Program.



Mother's Day Rose Sale

Show Mom you care! After mass rose sale
at participating churches **Sunday, May
10th 2026.**

Purchase a long-stemmed rose to support
pregnant women in the Sacramento area.
\$10 for a single rose, three roses for \$25.
Volunteers needed for prep Saturday the
9th and Sunday the 10th!

Contact the Sacramento
Life Center at
(916) 451-4357 to sign your
parish up or to volunteer.



APRIL 2026

April Anniversaries

by SK Patrick Wagner , FS

Congratulations!

Dr Joseph & Margaret Ang	04/12
Michael & Melissa Karelius	04/14
Donald & Pat Wagner	04/15
Joseph & Gloria Sunquist	04/17
Mark & Michelle Swink	04/23
Martin & Elizabeth Baker	04/28

April Birthdays

by SK Patrick Wagner, FS

To many More!

Peter J Abi-Nader	04/01
Alden S Crow	04/01
Richard Latour	04/04
Christopher R Juten	04/11
Mr. Tyson Villa	04/12
David Baker	04/14
Steven D Kramer	04/14
Richard J Terry	04/14
Anthony R Chang	14/15
Roy T Bonk	04/16
Brenden Josué	04/17
Victor L Warmerdam	04/17
Sotero P Andrade	04/22
William B Heilmann	04/23
Christopher F Anderson	04/25
Kyle Freidenfelt	04/25
Chuck E Friedrich	04/26
Jeffrey Rose	04/27
Steven Fitzgerald	04/28
Wives:	
Barbara Shunta	04/03
Catherine Helgeson	04/15
Mary Pat Jones	04/23
Frances Sheppard	04/26
Joyce Savage	04/27

SICK AND DISTRESSED LIST AS OF 03/26/2026

Frank and Judy Abi-Nader, Paul Parker, Mel Rose and Jeff Rose, Bernadette Lazo, Mario La Schiazza, Patty MacEgan, Darleen Janson, Chris Guzman, David Abi-Nader, Elizabeth Annett , B. Gruneisen, Steve Grass, Tom Kelley, Patrick Quinlan, Michael Holbrook, Nora Stroud, Vic Warmerdam, Barney Brinkman, David Murgia, Sue Van Zant, Brandon Ernst, Bill Wagner, Kyle Ramos, Susie Sallee, Ed Lopes, Daniel Cronk, Rebecca Johnson, Joseph Jones, Rick Terry, Mike McLeod, Don Wagner and Family, Marilyn O'Neil, Mike Hummer, Steve Rebello

DECEASED LIST AS OF 03/26/2026

Nestor Hipolito, Elaine Flynn, Robert Richmond, Scott Yesitis, Mary Miles, Kathy Leuschen, Alice Orr, Nancy Allison, Meryl Susmilich, George Kolenski, Al Schindler, Chris Ornales, Robert Pineschi, Steve Freitas, Cely Realuyo, Bob Mayer, Cely Realuyo, Richard Gilberg, Brendan Murphy, Bruce King

MASS CARDS:

Anyone knowing of a fellow brother or his spouse having passed away or ill, please notify Tyson Villa so a Mass Card can be sent. Bro. Tyson can be contacted by phone at 916-213-3767 .

COUNCIL OFFICERS

Grand Knight

SK Tremain Hayhoe 310-621-7650

hayhoestudios@gmail.com

Deputy Grand Knight

(TO BE ELECTED)

Chaplain

Fr. Desmond O'Reilly 916-967-1229

Chancellor

Br. Tyson Villa 916-213-3767

Financial Secretary

SK Patrick Wagner 916-995-4281

patrick.wagner@ieee.org

Recorder

Br. David Vincent 916-895-9112

Warden

SK Trevor Harris 916-396-5775

Treasurer

SK Pat Miles 916-849-8698

Lecturer

SK Chris Juten 916-715-1162

Trustee 1 Year

SK George Perkins 916-844-7033

Trustee 2 Year

SK Chris Ward 916-834-1772

Trustee 3 Year

SK Mike Karelius 916-606-6471

Advocate

SK John Brennan 916-548-4962

Inside Guard

(TO BE ELECTED)

Outside Guard

(TO BE ELECTED)

Program Director

SK Tremain Hayhoe 310-621-7650

Community Director

SK Trevor Harris 916-396-5775

Faith Director

Br. Dustin Stroud 279-228-4860

Family Director

SK David Vincent 916-895-912

Membership Director

SK Chris Ward 916-834-1772

Life Director

Br. Alan Absalon 916-934-9082

Retention Chair

SK Chris Ward 916-834-1772

Fourth Degree

SK John Brennan 916-548-4962

Navigator Publisher

SK Dominique Hipolito 973-666-7998

Navigator Editor

SK George Perkins 916-844-7033

District Deputy

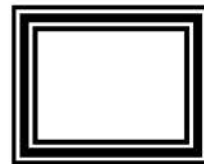
SK Pete Lopez

Insurance & Field Rep.

Br. Martin Baker 916-546-8093

Knights of Columbus

Fair Oaks Council #6066
P.O. Box 1180
Fair Oaks, CA 95628



IN GOD WE TRUST

April 2026

- 2 (Thursday)- Holy Thursday (Meeting next week)
- 5 (Sunday)- Easter Sunday – Easter Egg Hunt
- 9 Council Business Meeting 7 pm (PC Conf)
- 12 (Sunday)- Divine Mercy Sunday
- 16th (Thursday)- Council Planning Meeting 7 pm (in PC)
- 25/26 (Sat, Sun)- BGMH Mother's Day Cards, Spiritual Bouquets

May 2026

- 2 (Saturday)- NorCal Chapter Meeting
- 2/3 (Sat, Sun)- BGMH Mother's Day Cards, Spiritual Bouquets
- 2/3 (Sat, Sun)- Membership Drive
- 7 (Thursday)- Council Business Meeting 7 pm
- 9 (Saturday)- Special Olympics, Folsom
Baby Bottles due
- 9/10 (Sat, Sun)- Mother's Day, Roses
- 14-17 (Thurs-Sun) State Convention, Visalia
- 21 Council Planning Meeting 7 pm
- 25 (Monday)- Memorial Day Mass/Reception

COUNCIL #6066 EVENTS CALENDAR



Please take the time to check out our web site: www.kc6066.org. If you have any changes, suggestions and/or even photos, please send them to our Grand Knight, Tremaine Hayhoe 310-621-7650

