



Knights of Columbus

Fair Oaks Council #6066

A Division 5/District 7 Council



"Jesus, I Trust in You!" — Always Forward, Never Back

MAY

2026

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Special Note: Sorry for the Navigator being sent out late this month. Our former publisher Dominique Hipolito has resigned suddenly due to personal matters. Thank you, Dustin Stroud for stepping in and taking over the publishing duties. This is his first issue and it turned out great.

George Perkins, Editor

GRAND KNIGHT'S MESSAGE

By PGK Chis Ward

The Knights of Columbus focus on Family. Our founder, Blessed Father Michael McGivney, created the Knights to help out families who had lost their primary breadwinner (usually the husband, who probably worked in an unsafe coal mine). That frequently left a widow and children with no visible means of support. Times have changed some, with many women working outside the home, but we still want to celebrate all that mothers do this on Mother's Day.

Everyone has a Mom, and yes, you can argue that Adam and Eve didn't, but that discussion is for another time. There are good moms and bad Moms, but one thing they all did, you can't deny. To have you, they participated in one of the most special, and greatest events of all. They, in conjunction with God, created life. Sorry guys, yes I know we had a small part in that, but women do something more than any of us can. They sacrifice their bodies (and health sometimes- see Saint Gianna Beretta Molla) to do so. After the child is born, they sacrifice more- their time, their sleep, some even their occupation. Men, I hope you help when you can, because being a Mom is a tough job. Some of you have received paternity leave (my son-in-law got 6 months). In my day, it was more like, "congratulations to you, by the way, can you work the evening shift tonight?" Mom, my wife, was on her own. Sometimes grandma could be there, sometimes not.

I just want to say, respect and show love for the care they provide to your children, and thank her for it. Thank all moms. As I mentioned to begin with, the Knights perform charitable acts for the family. This past weekend, for example, the spiritual bouquet donations went to the Bishop Gallegos Maternity Home. The rose sale goes to the Sacramento Life Center. Both support Moms, especially single Moms. When a new Knight joins our Council, we also emphasize, God first, then Family, then if you have time, the Knights. If you would like to join us or get more in formation, contact me. At 916-834-1772, email at wardchrisj@hotmail.com or Grand Knight Tremain Hayhoe at 310-621-7650 or hayhoestudios@gmail.com

ADORATION CHAPEL SCHEDULE			
Friday Morning 6:00 AM to 7:00 AM			
NAME	PHONE	November	December
John Brennan	916-548-4962	All Fridays	All Fridays
Andy Anderson	916-826-5617	3rd Friday	3rd Friday

Adoration Chapel



NOMINATIONS FOR OFFICERS FOR COLUMBIAN YEAR 7/1/26-6/30/27

Grand Knight- Tremain Hayhoe
Deputy Grand Knight- David Vincent
Chancellor- ?
Warden- Trevor Harris
Treasurer- Pat Miles
Trustee 1 Year- Chris Ward
Trustee 2 Year- George Perkins
Trustee 3 Year- Mike McLeod
Recorder- Alan Absolan
Advocate- John Brennan
Inside Guard- Dustin Stroud
Outside Guard- ?

These are the current nominations. The election of next Columbian Year's officers will take place at the Thursday, June 4th business meeting. If you are interested in being considered for any of the above positions, or if you wish to nominate someone else (please clear it with them first), contact GK Tremain at 310-621-7650 or hayhoestudios.com, or Trustee Chris Ward at 916-834-1772 or wardchrisj@hotmail.com. We would love to have more than one candidate running for each position. Please note that if you do not see an officer position listed (for example, Financial Secretary or Lector), it is not an elected position and is filled by GK or council appointment. The Program Director and program chairs are selected and filled by the GK and DGK in consultation with each other. If you have any questions, contact either officer listed above. Thank you for your consideration. **PLEASE ATTEND AND VOTE FOR OUR COUNCIL OFFICERS ON THURSDAY, JUNE 4th.**

Editor's Note: The Navigator provides us with a way of keeping in touch with one another. We provide articles of the past month's activities, as well as upcoming events. Although many of the articles are written by the Grand Knight, anyone can provide input. Anyone chairing an event or fundraiser should write a brief article and add a photo or two.

All that's necessary is the article(s) and photo(s) in email form, sent to Dustin Stroud at navigator6066@googlegroups.com or dustin.stroud@yahoo.com. It doesn't need to be any special font or text size. Send your article as soon as possible, **but no later than 10 days before the next business meeting.**

George Perkins, Editor

Volunteers for the Business Meeting Meal at 6pm

Thursday, May 7th **John Brennan**

Thursday, June 4th **Chris Ward**

Thursday, July 2 ?

Music Director Needed

By Dustin Stroud



If you or anyone you know has a profession and love of music and would love to use it to praise our Lord Jesus Christ, the choir here at St. Mel Parish is looking for a new choir/music director. Since the departure of our last music director, Aaron Thompson, for another calling, we have been without a music director. If interested, please contact our Parish Center at 916-967-1229. Office hours are Monday through Friday 9 AM to 1 PM. Thank you and God bless you all.

Welcome, Brother Knight Jerry Sullivan!

By PGK Chris Ward

On Monday, April 27th, our Council welcomed new Brother Jerry Sullivan. Jerry and I attended the monthly Welcome Ceremony (CUF) held on the last Monday of the month at St. Clare Catholic Church in Roseville. Jerry and his wife moved from Fairfield to our area about 5 years ago. They currently reside in Carmichael. He and his wife regularly attend 10:30Am Mass here at St. Mel. Jerry is an avid golfer and member of Northridge Country Club. Please introduce yourself to him when you see him at Church or upcoming meetings.



A Mother's Day Reflection

By Dustin Stroud



Hello, my name is Dustin Stroud. I am our local council's Faith Director and I have just taken up the post of putting together the Navigator. Please pardon our tardiness due to changes needed to be taken care of so we would be able to send forth this issue. You may remember me from some of the articles I have previously written for our little lovely newsletter or from Mass, I'm the bald guy who's been helping as a Extraordinary Minister. Sometimes you will also see me doing one of the readings at Mass as well.

When I was a child I used to say that I had the "bestest mommy in the whole wide world!" As an adult, that has changed to "I have the two best mothers anyone could ask for." Why the change? Well, for one, after school and as an adult my grammar has improved. The feeling, however, is still the same for my birth mother. A lot of lessons I have learned in life I have learned from my mother. She taught me how to cook, clean, pick up after myself, sew, and, most importantly, the difference between right and wrong.

A second reason why that has changed is because I am now Catholic, having been confirmed Easter of 2025. As Catholics, we have the grace of saying, with complete honesty and sincerity, that we all have two mothers. We have our physical mothers who raised and loved us. We also have the Blessed Virgin Mary, the Mother of Our Lord and Savior Jesus Christ, as our spiritual mother. Normally, on Mother's Day, we buy or make gifts to give to our physical mothers. This Mother's Day, not only did I think of my earthly mother and sent her a gift, I thought of the gift we received from our Lord, of Mary being our mother. "When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, 'Woman, behold your son!' Then he said to the disciple, 'Behold, your mother!' And from that hour the disciple took her to his own home." John 19: 26-27.

In this part of the Gospel of John we saw how Jesus gave us His own mother to be our mother, the mother of the Church and all of humanity. When He saw his beloved disciple, Jesus saw all of us. He knew that Mary would always be praying and interceding for us all as a mother always does for her child. I am very grateful and honored to have the Holy Mother as my Mother as well. I am always asking her to pray for me every day. Every morning, among my consecration prayers, I always pray an act of consecration to the Immaculate Heart of Mary. Ever since I first started asking Mary to pray for me, I have always called her Mama Mary. When my time comes and I join our Lord and all the saints and angels in Heaven, one of the first things I want to do is give our Blessed Mother a big hug.

“Buy a Rose, Save a Baby” - A Reflection on the Mothers Day Rose Sale

By Alan Absalon



One of the major activities that got me into my deep involvement with the Knights of Columbus at St. Mel is the annual Mothers Day Rose Sale. All proceeds and donations from selling roses go straight to the Sacramento Life Center. It is a worthy cause because this organization supports and helps women and families facing unplanned or complicated pregnancies to keep their child. The Life Center also supports newborns and infants up to two years old with comprehensive health services. Additionally, this Sacramento area resource supports women and their families with the baby supplies to raise their growing child. The Sacramento Life Center does so much without a single cent of government funding and relies on donations from various individuals and organizations to keep this important resource running.

Since joining the Knights in January 2025, I have been drawn into the organization's outreach to help women and their families to choose life and uphold the importance of building strong families. Last year, I helped Tremain Hayhoe with the Mothers Day Rose Sale at St. Mel and when I was helping him sell roses, I coined the term, “Buy a rose, save a baby,” to garner interest for parishioners to buy roses for mothers day. This idea caught on and one year later, I am now the Life Director for the Knights’ St. Mel council. I knew it was my time to step up to the plate and be the Rose Sale Coordinator.

Trevor Harris and myself went to the Our Lady of Assumption Church in Carmichael where we helped prepare the roses for the rose sale. It was nice to see church communities from various parishes come together to prepare these roses for a worthy cause in helping women choose life. It was also a blessing to meet other brother knights from other councils who also supported us in cutting and in preparing the “food” for the roses as well. Our council ended up taking 13 dozen roses to sell at St. Mel after all the masses on Mothers Day weekend. In leading up to the Mothers Day Rose Sale, I coordinated with various knights from our council on which masses they would be able to help out in selling roses. It was also a blessing to know that brother knights support each other for an important cause, which I would often say is to “save babies!”

Overall, the rose sale was successful and our council ended up raising \$1388 during the Rose Sale for all three masses during Mothers Day weekend. Knowing that all the proceeds will go towards saving babies, supporting mothers and their families, I know that our collective efforts as Knights are important towards establishing a culture of life and family in our communities. Not only did I learn the importance of teamwork and collaboration, I also learned the importance of having each other's backs when it comes to coordinating logistics on who would show up to the Rose Sale event to help us sell roses to save babies. In typing this reflection, I feel proud and content that I am constantly learning on how to be accountable for each other and to myself as well. Since I am a Vocational Coordinator by profession, I know that I learned and refined many transferable skills that I can use in my life, which will shape my legacy.

Calling All People for Eucharistic Adoration!!!

By Dustin Stroud



“We love Jesus, yes we do! We love Jesus, how 'bout you?” Well, I love Him so much that I love spending time with Him in Adoration. The greatest gift we can give back to Jesus for Him giving Himself on the Cross for us is to spend at least one hour with our Lord in Eucharistic Adoration. It goes back to when Our Lord spent an hour in the garden of Gethsemane on the Mount of Olives just before His arrest.

When He went to the garden, He took Peter, James, and John with Him. As our Lord prayed to Our Heavenly Father, “...if you are willing, take this cup away from me; still, not my will but yours be done.” Luke 22:42, the three apostles with Him kept falling asleep. This is why we have the Adoration, we spend that hour with our Lord to make up for Him having to be alone as he wept and sweated blood in agony of his coming crucifixion.

I find that I often have the most in-depth prayers and conversations with our Lord quietly in my mind while face to face with Him in the Eucharist. I have found that many prayers I have prayed in Adoration have been answered.

Jesus needs all of us to spend time with Him as much as possible and we need to spend time with Him for our own sakes as well. That is why I am reporting here that we need more adorers for our chapel, which is located under the St. Jude room outside the Parish, across the parking lot from the school. You can sign up for any hours, but we are in desperate need of adorers for the hour of 9 PM to 10 PM on Saturdays and Sundays. For more info on how to sign up visit <https://stmel.weadorehim.com> or contact Kathy Baxter at 916-698-9770 or Karen Fitts at 916-202-0606. God bless and keep you all!

250 Acts of Mercy and Adoration

By Dustin Stroud



This year on Independence Day our beloved nation turns 250 years old. Compared to most of the world, The United States of America is pretty much still in its teenage years. It was 250 years ago when we won our independence and the Declaration of Independence was written and signed. (A little interesting fact about me, I am distantly related to Thomas Jefferson.)

At Sunday Mass, May the 3rd, Father Des informed us all of a letter that Bishop Soto had sent to the parishes of the Diocese of Sacramento. If you haven't picked up one yet, copies of the letter are in the vestibule of the Parish. In the letter it states that our nation will be consecrated to the Sacred Heart of Jesus on Independence Day this July. In the letter, we are asked to complete 250 acts of mercy and 250 hours of Eucharistic Adoration. We don't each have to do 250 of both per person, as Father Des had informed us. Just log and report to the Parish Center how many hours of Adoration you have done and how many acts of mercy you've performed. The acts of mercy can be either corporal or spiritual, from praying for someone's healing to giving a homeless man a sandwich.

For your convenience and pleasure, the letter has been included in this month's Navigator. God bless you all and let's get those numbers up!



DIOCESE OF SACRAMENTO

2110 Broadway • Sacramento, California 95818 • 916/733-0200 • Fax 916/733-0215

OFFICE OF THE BISHOP

April 27, 2026

Dear Friends in Christ,

This June, 2026, the bishops of the United States will consecrate the nation to the Most Sacred Heart of Jesus. This act of consecration will take place, as our country marks the 250th anniversary of the Declaration of Independence, Saturday, July 4th.

This moment invites us to reflect more deeply on the mercy of Christ revealed in His Most Sacred Heart, a love poured out for us from His wounded side, pierced by soldier's lance.

The devotion to the Sacred Heart draws us into the mystery of Christ's mercy and His abiding compassion for His people. For generations, the Church has turned to the Heart of Jesus as a source of healing, reconciliation, and hope. Numerous popes have encouraged the consecration of individuals, families, and nations so that the Gospel of our crucified Lord may more fully shape our lives and our common life in society.

As we prepare to join in this national consecration, I ask each parish in the Diocese of Sacramento to take part in this spiritual preparation through prayer and works of charity. I invite every parish to complete **250 hours of Eucharistic Adoration** and **250 works of mercy**, either corporal or spiritual, by July 4, 2026.

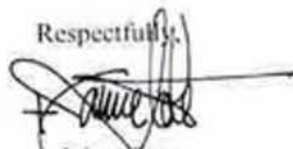
In Eucharistic Adoration, we draw near to the Heart of Christ, present among us. In the works of mercy, we allow His love to be made visible in concrete acts of charity, feeding the hungry, visiting the sick and imprisoned, comforting the afflicted, and caring for those most in need.

These are not simply good tasks to be completed, rather an invitation to unite our sacrifices to the one saving sacrifice of Christ and become more faithful witnesses of His love in the world. Both spiritually and socially, they are acts of reparation intended to heal our nation with the redeeming balm of Christ's mercy.

Resources to assist you in this effort can be found on our diocesan website at scd.org/consecration.

Together, let us entrust ourselves more fully to the Most Sacred Heart of Jesus. Through the intercession of our Blessed Mother Mary, may the mercy of her Beloved Son renew our hearts, strengthen our communities, and build a society marked by life, liberty and justice for all.

Respectfully,



Jaime Soto
Bishop of Sacramento

MAY 2026

May Anniversaries

by SK Patrick Wagner, FS

Congratulations!

Victor & Carol Warmerdam	05/02
Manuel & Rosalie Duenas	05/04
Christopher & Kathleen Anderson	05/05
Claude & Aurora Jones	05/05
Joel & Judy Obayashi	05/06
Joshua & Stephanie Beigel	05/08
Sergio & Cecilia Perera	05/11
George & Jamie Perkins	05/19
Timothy & Denise O'Connors	05/19
Gregory & Bridget Sheppard	05/19
Brendan & Laura O'Neill	05/21
Daniel & Martha Styer	05/26
John & Susan Petzold	05/30

May Birthdays

by SK Patrick Wagner, FS

To many More!

Joseph Sunquist	05/02
Leonard McManus	05/03
Matthew Helgeson	05/04
Martin Baker	05/08
Joshua Beigel	05/08
Trevor Tank	05/08
Andrew Marshall	05/10
Richard Phelps	05/14
Matthew Davis	05/16
Ross Broadley	05/17
Mark Jarboe	05/18
Kyle Acevedo	05/22
Isaiah Cichosz	05/24
James Monk	05/24
Ralph Tronci	05/29
David Condon	05/31
Pat Ward	05/31

Wives:

Jamie Perkins	05/09
Rohjati Tjhin	05/10
Pat Wagner	05/17
Maryanne Povey	05/21
Virginia Williams	05/21
Mary Colleen Pugno	05/24

MASS CARDS:

Anyone knowing of a fellow brother or his spouse having passed away or ill, please notify Tyson Villa so a Mass Card can be sent. Bro. Tyson can be contacted by phone at 916-213-3767 .

COUNCIL OFFICERS

Grand Knight

SK Tremain Hayhoe 310-621-7650

hayhoestudios@gmail.com

Deputy Grand Knight

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Chaplain

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Chancellor

Vacant

Financial Secretary

SK Patrick Wagner 916-995-4281

patrick.wagner@ieee.org

Recorder

SK Alan Absalon 916-934-9082

Warden

SK Trevor Harris 916-396-5775

Treasurer

SK Pat Miles 916-849-8698

Lecturer

SK Chris Juten 916-715-1162

Trustee 1 Year

SK George Perkins 916-844-7033

Trustee 2 Year

SK Chris Ward 916-834-1772

Trustee 3 Year

SK Mike Karelius 916-606-6471

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SK John Brennan 916-548-4962

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Vacant

Outside Guard

Vacant

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Family Director

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Membership Director

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Life Director

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District Deputy

SK Pete Lopez

Insurance & Field Rep.

Br. Martin Baker 916-546-8093

SICK AND DISTRESSED LIST AS OF 05/10/2026

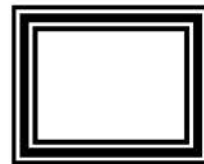
Frank and Judy Abi-Nader, Paul Parker, Mel Rose and Jeff Rose, Bernadette Lazo, Mario La Schiazza, Patty MacEgan, Darleen Janson, Chris Guzman, David Abi-Nader, Elizabeth Annett, B. Gruneisen, Steve Grass, Shawn Herrick, Tom Kelley, Patrick Quinlan, Michael Holbrook, Nora Stroud, Vic Warmerdam, Barney Brinkman, David Murgia, Sue Van Zant, Brandon Ernst, Bill Wagner, Kyle Ramos, Susie Sallee, Ed Lopes, Daniel Cronk Sr., Rebecca Johnson, Joseph Jones, Rick Terry, Mike McLeod, Don Wagner and Family, Marilyn O'Neil, Mike Hummer, Steve Rebello, David Tsang, Patrick Murphy, Gary Ted Stroud Jr.

DECEASED LIST AS OF 05/10/2026

Nestor Hipolito, Elaine Flynn, Robert Richmond, Scott Yesitis, Mary Miles, Kathy Leuschen, Lloyd Lagerstrom, Alice Orr, Nancy Allison, Meryl Susmilich, George Kolenski, Al Schindler, Chris Ornales, Robert Pineschi, Steve Freitas, Cely Realuyo, Bob Mayer, Cely Realuyo, Richard Gilberg, Brendan Murphy, Bruce King, Joe DiSessa, Paul Parker, Jeff Jones

Knights of Columbus

Fair Oaks Council #6066
P.O. Box 1180
Fair Oaks, CA 95628



IN GOD WE TRUST

May 2026

- 2 (Saturday)- NorCal Chapter Meeting
- 2/3 (Sat, Sun)- BGMH Mother's Day Cards,
Spiritual Bouquets
- 2/3 (Sat, Sun)- Membership Drive
- 7 (Thursday)- Council Business Meeting 7 pm
- 9 (Saturday)- Special Olympics, Folsom
Baby Bottles due
- 9/10 (Sat, Sun)- Mother's Day, Roses
- 14-17 (Thurs-Sun) State Convention, Visalia
- 21 Council Planning Meeting 7 pm
- 24 Council CUF: 12:00 PM
- 25 (Monday)- Memorial Day Mass/Reception

June 2026

- 04 (Thursday)- Council Business Meeting 7 pm
- 18 (Thursday)- Council Planning Meeting 7 pm

COUNCIL #6066 EVENTS CALENDAR



Please take the time to check out our web site: www.kc6066.org. If you have any changes, suggestions and/or even photos, please send them to our Grand Knight, Tremaine Hayhoe 310-621-7650

